



The 10 Best Style Tips of all Time

School Administrator's Conference

Tuesday 29th July 2014
Session 3 - 2- 3.15pm

Number	Tip	How	Comments
1	Wear COLOURS That suit YOU	Get your colours done so you know for certain what suits you.	Black and orange suit 25% of the population and are both very difficult to wear as you age. Everyone suits a version of every other colour..
2	Wear clothing that suits your BODYSHAPE	Understand which bodyshape you are and dress to enhance your best features.	We often focus on the negative parts of our bodies. Highlighting and recognizing the positives mean we dress them well and people notice the best parts of us.
3	Wear the correct SIZE for you	Buy clothing that is the RIGHT size. Not to big or to small.	Get over the size label and focus on the look of the clothing. Being comfortable with yourself will mean you make good choices.
4	Wear UNDERWEAR suitable for the outerwear	Get your bra's professionally fitted. Choose underwear (including knickers) for the garments you are wearing on the outside.	White clothing requires skin coloured underwear as you can see white under white. It is sleazy to see a lacy bra through any clothing. Molded cup bras prevent nipple show.
5	Wear a little MAKE UP	Have a professional make up lesson - see the make up counters for advice on what suits you. My favorites are Clinique, MAC, Bobbi Brown and Christian Dior.	No make up at work is unprofessional. It is important to get a lesson every 2-5 years as your skin tone changes with age and they will help you if you lack confidence to apply it.
6	Look after your HAIR	Get your hair cut and coloured every 6 weeks. Style it each morning to eliminate frizz or give it body and so you look groomed.	Long hair looks best well cut or tied up for work or cut off if you are over 50! Watch the 20/60 rule as you age with dark hair. Poorly kept hair dates and frumpifys your outfit.
7	Great SHOES	Invest in new shoes twice a year (minimum) and look after them. Old or untidy shoes date an outfit.	Cheap shoes do not last long and often look cheap especially boots. Select styles that go with everything and are comfortable. Do not totally compromise looks for comfort.
8	Dress for the OCCASION	Research the occasion and dress code and always slightly over dress if you are unsure. Cover up breasts and legs for most occasions. They are distracting and inappropriate for work and men can't help looking!	Wearing clothing appropriate for the occasion is a mark of respect for the organizer or host. Cleavage is only suitable for bars, the beach and attracting a partner. Legs are fine for sport, bars, dancing and modeling.
9	Dress for your PERSONALITY not to please someone else	Work out who you are – what is your clothing personality. Dress to that and push a little and you will look great.	Choose what looks good on you not what looked great on your friends! If your partner is a beacon of style with amazing taste then let them help you otherwise smile ,nod and do what works for you!!
10	FOCAL POINTS in wrong place	Know your 'figure' strengths and weakness. Put the bright's and patterns in the areas where you want people to look and keep the rest simple.	Remember belts accentuate the waist. If you have a full tummy then a belt draws the eye there, if you have a capped sleeve that will draw a line across the widest part of the arm (if you have full arms).